

Are **Wildfires...**



Ongoing Drought...

Getting you down?

- Feeling isolated and alone
- Can't sleep at night
- Feeling helpless
- Feeling frustrated
- Don't know where to turn

A confidential, listening ear is just a phone call away.

1-800-950-2901

**Do it today
- for you and your family!**

Hands Across North Dakota is a collaboration of: Lutheran Disaster Response/Lutheran Social Services of North Dakota; Presbyterian Church USA-Presbytery of the Northern Plains; United Methodist Church-Dakotas Conference; Evangelical Lutheran Church in America-Eastern and Western Synods; Roman Catholic Church- Bismarck Diocese and Fargo Diocese; Catholic Charities ND; United Church of Christ-Northern Plains Conference; North Dakota Farmers Union; North Dakota State University Extension, North Dakota Helpline 2-1-1.

